

Holmfirth Harriers Vet's News 90

31st August 2023



YVAA EVENTS IN 2023

As usual there has been a full programme of YVAA events in 2023. The Multi-terrain GPs have included our event from Neiley (April 23rd) and another 6 events around the county. For those not familiar with the events they are mostly off-road using footpaths over fields and through woods. Distances vary from 5 to 6 miles and terrain is similar to our summer training runs. They are aimed at all abilities and certainly all our runners from Tigers upwards are quite capable of completing the courses. They are incredibly friendly events and include after race refreshments and prize giving in all 5-year age groups from 35+ right up to 75+. There are spot prizes given out at the finish as well. All this for a £5 entry (2022). All details can be found on the YVAA website at www.yvaa.org and updates on the Facebook group at <https://www.facebook.com/groups/3189196357821902>.

The last race in the GP series is on 1st October at Ackworth. If you haven't tried these races out before why not come and try them out at this event, then hopefully do more of the series next year.

Events confirmed so far.

Event	Host Club	Venue	Date
Race 1	Holmfirth Harriers	Honley	23.04.23
Race 2	Kirkstall Harriers	Kirkstall Abbey	23.05.23
Race 3	South Leeds Lakers	Middleton Park (TBC)	21.06.23
Race 4	Northowram Pumas	NCSAC Westercroft Lane, Northowram, HX3 7EN.	13.07.23
Race 5	Pudsey Pacers	Post Hill	08.08.23
Race 6	Queensbury RC	Littlemoor Park	03.09.23
Race 7	Ackworth RR	Fitzwilliam Country Park	01.10.23

YAA also has a road race championships programme that are included in open races.

Championship	Venue	Date
5k	York	13.10.23
5 Miles	Bronte 5, Haworth	01.06.23
10k	Run Harrogate 10K	02.07.23
10 Miles	Tadcaster 10	19.11.23

Fell Championships

Championship	Venue	Date
Fell	Cop Hill, Meltham	05.11.23

It would be great to get out a strong (in numbers) team from Holmfirth for these events so keep a look out for information via your emails, the club Facebook page and of course the club website in the New Year.

Some Events Our Members Have Taken Part In During August

Pudsey Pacers YVAA multi-terrain GP 5 August 8th

A small group of Vets travelled to Pudsey for this latest race in the multi-terrain series.

Diane Baldwin F65, Janet Foreman F55, Simon Platts, M40, Kevin Yewlett M70, Mark Henderson M60, Neil Midgley M70, Richard Smith M75, and Rob Kersey M70 so as you can see definitely the older end of our Vets on this occasion!

This was a new venue and the course consisted of an undulating 2 laps, mainly on woodland paths but with short field and road sections. Conditions were good underfoot and the usual enjoyable refreshments were welcome while waiting for the results/presentations.

Holmfirth Results.

Women's race

Pos.	Race No.	Name	Age Cat	Age Cat Pos	Time
19 th	540	Janet Foreman	F55	1 st	44:46
24	109	Diane Baldwin	F65	1 st	45:27

Men's race

Pos.	Race No.	Name	Age Cat	Age Cat Pos	Time
40	100	Simon Platts	M40	12 th	36:15
100	5	Kevin Yewlett	M70	1 st	44:08

115	477	Rob Kersey	M70	3 rd	45:56
134	1	Neil Midgley	M70	6 th	49:13
135	157	Mark Henderson	M60	15 th	49:17
146	158	Richard Smith	M75	3 rd	53:00

Next event is 3rd September at Queensbury. see <https://www.yvaa.org/events/grand-prix/>

Denis Stitt FR

This is one of the events organised by Holmfirth harriers from Cartworth Moor Cricket Club and is over similar terrain to our summer training runs. A 2-lap course of about 6K and all running members should be capable of doing this little race. Walk the steep uphill's and run the downhills!



A few of the Vets taking part: L to R

Top row: Mark Henderson, Richard Smith, Gavin Baxter, Joanne Jones. **Bottom row:** Bob Dickinson, Craig Noble, Debbie Beck. Photos by Kath Farquhar

Holmfirth Vets Results

posn	name	time	cat	cat finish position
2	Richard Anderson	30:53	M35	M:2
4 (fem 1)	Katie Walshaw	33:07	F35	F:1
7	Tim Brook	34:25	V40	V40:1
8	Rob Savin	34:57	V40	V40:2
11	Paul Sammonds	35:33	M35	M:5
16	Adam Sunderland	37:31	V50	V50:1
17	Michael Sanderson	37:47	M35	M:8
18 (fem 3)	Helena Croft	38:00	F35	F:3
22	James Washington	38:52	V45	V45:4
24	Robert Dickinson	39:06	V50	V50:3
25	Curtis Firth	39:40	M	M:9
28 (fem 4)	Joanne Jones	40:03	FV45	FV45:1
30	Neil Robins	40:23	V50	V50:6
31	Julian Rank	40:34	V60	V60:1
37	Gavin Baxter	42:14	V50	V50:7
43	Andy Shortt	45:06	V50	V50:8
45	Andy Shaw	45:40	V60	V60:4
46 (fem 7)	Sophie Cromwell	45:53	F35	F:4
49	Craig Noble	46:39	V45	V45:5
55	Matt Crompton	47:02	V45	V45:6
57 (fem 9)	Naomi Shields	50:30	F	F:5
58 (fem 10)	Stefanie Dickinson	50:49	FV45	FV45:3
60	Richard Smith	53:09	V75	V75:1
62	Mark Henderson	53:26	V60	V60:5
65 (fem 13)	Debbie	54:47	FV50	FV50:4
68	Richard Whale	57:54	V65	V65:5
69 (fem 14)	Sarah Smith	58:47	F	F:6

Birchwood 10K

Four Holmfirth Vets made the trip to the Birchwood 10K on what sounds like a hot day. A very notable run by Noreen Edery F70, who was 1st in her age group but more notably perhaps had an age % of 89.67%, giving an age corrected time of 33.49 the 2nd best score in the race!

She writes: *Whilst I had a poor run (overheated just around halfway - hot sun on my face and high humidity), I came away with two prizes: a £20 note for being first FV70 (only 2 ran), and a nice bottle of wine for being the oldest female in the race!*

Noreen

Holmfirth Results

Pos	Gun Time	Name	Chip Time	Cat	Cat Pos	Age Time	Age %	% Pos
111	43:32	Gary Putnam	43:23	M40	22	41:49	63.87	196
113	43:38	Robert Dickinson	43:30	M50	10	38:01	70.25	129
121	44:20	Liz Woodfield	44:11	F 45	4	40:54	74.14	83
229	52:02	Noreen Edery	51:43	F 70	1	33:49	89.67	2

Chip Chase FR

Three Harriers took part in this short (10K) fell race from the Cross Keys pub, Saddleworth and a report can be found at <https://www.holmfirthharriers.com/the-chip-chase-fell-race/>

Holmfirth Results

Pos	Name	Time	Age Cat	Cat Pos
5	Katie Walshaw	00:46:51	F35	1
17	James Washington	00:52:09	M45	16
49	Helen Taylor	01:03:51	F45	9



As you all should be aware I am hoping to step down as Vets Secretary at the HH AGM in September (12th in case you hadn't realised, at Neiley). At the moment both the members who had expressed an interest in taking on the post have had to step back till at least October so I may have to stay in post till then. If they both decide they are unable to take on the role I shall be advertising again so please think about whether you would be willing to take this on. Full support given. The basics of the role involve:

1. Encouraging Vet members to take part in events – club, YVAA Multi-terrain GP series, open such as the club road championships, and especially team events such as YVAA CC and YVAA RR.
2. Overseeing the organisation of the YVAA Multi-terrain GP we organise from Neiley for YVAA. I have traditionally done all of this but there is no reason that different parts of the organisation shouldn't be delegated to others (e.g., route and permissions, marshals and helpers, catering etc.)
3. Organising teams for the YVAA CC Champs and RR Champs. We usually get upwards of 30 members doing these.
4. Keeping members informed about Vets events via website and HH Members Facebook group, email, announcements etc.

I'm not sure what will happen to **Vets News**. Don't really know how many people actually read it!

I will keep it going till the end of the year then we will have to see.

Rob