

Holmfirth Harriers Vet's News 88

30th June 2023



YVAA EVENTS IN 2023

As usual we hope there will be a full programme of YVAA events in 2023. The Multi-terrain GPs will include our event from Neiley (April 23rd) and will hopefully include another 7-9 events around the county. For those not familiar with the events they are mostly off-road using footpaths over fields and through woods. Distances vary from 5 to 6 miles and terrain is similar to our summer training runs. They are aimed at all abilities and certainly all our runners from Tigers upwards are quite capable of completing the courses. They are incredibly friendly events and include after race refreshments and prize giving in all 5-year age groups from 35+ right up to 75+. There are spot prizes given out at the finish as well. All this for a £5 entry (2022). All details can be found on the YVAA website at www.yvaa.org and updates on the Facebook group at <https://www.facebook.com/groups/3189196357821902> .

Events confirmed so far.

Event	Host Club	Venue	Date
Race 1	Holmfirth Harriers	Honley	23.04.23
Race 2	Kirkstall Harriers	Kirkstall Abbey	23.05.23
Race 3	South Leeds Lakers	Middleton Park (TBC)	21.06.23
Race 4	Northowram Pumas	NCSAC Westercroft Lane, Northowram, HX3 7EN.	13.07.23
Race 5	Queensbury RC	Littlemoor Park	01.08.23
Race 6	Pudsey Pacers	Post Hill	08.08.23
Race 7	Ackworth RR	Fitzwilliam Country Park	01.10.23

YAA also has a road race championships programme that are included in open races.

Championship	Venue	Date
5k	York	13.10.23
5 Miles	Bronte 5, Haworth	01.06.23
10k	Run Harrogate 10K	02.07.23
10 Miles	Tadcaster 10	19.11.23
Half Marathon	Major Stone, Lockington	03.09.23

Fell Championships

Championship	Venue	Date
Fell	Cop Hill, Meltham	05.11.23

It would be great to get out a strong (in numbers) team from Holmfirth for these events so keep a look out for information via your emails, the club Facebook page and of course the club website in the New Year.

Some Events Our Members Have Taken Part In During June

Having been away for much of the month I have had to cobble this together today (30th June) so a bit rushed. Apologies to anyone / events I've missed but you can always send me the info and I'll include next month.

YVAA Road Relays, 4th June.

We had a fantastic day at the YVAA Road Relay Championships, not only did we manage to get out an amazing 14 teams only losing two to injuries and illnesses in the week before the event but also were blessed with perfect weather for the event.

A special thanks to those new members that ran for the club for the first time and those that stepped in at the last minute to make a team up when others had to drop out.

Thanks to all those that ran and or helped on the day. Full results can be found at <https://www.yvaa.org/event/road-relays-2023/> but Holmfirth results are given below.

M35+ 5 HOLMFIRTH HARRIERS 'A' 51:02

P HEWITT	17:03	17:03	5
M SANDERSON	17:18	34:21	4
P SAMMONDS	16:41	51:02	5

9 HOLMFIRTH HARRIERS 'B' 64:55

T ANJUM	24:59	24:59	12
M CROMPTON	20:35	45:34	10
M WILSON	19:21	64:55	9



Men's team

M40+

6 HOLMFIRTH HARRIERS 'A'	51:52		
J YOUNG	17:16	17:16	7
T BROOK	17:07	34:23	6
D MCQUEEN	17:29	51:52	6

M50+

7 HOLMFIRTH HARRIERS 'A'	57:25		
A SUNDERLAND	18:07	18:07	7
C BEADLE	19:36	37:43	6
N ROBINS	19:42	57:25	7

12 HOLMFIRTH HARRIERS 'C'	63:13		
A CLARKE	23:11	23:11	15
G BAXTER	20:15	43:26	14
J SAEKI	19:47	63:13	12

13 HOLMFIRTH HARRIERS 'B'	64:13		
A SHAW	20:35	20:35	12
S DOYLE	21:52	42:27	11
I GOULDING	21:46	64:13	13

M60+

4 HOLMFIRTH HARRIERS 'A'	66:04		
P WINN	24:15	24:15	5
M HENDERSON	23:19	47:34	5
J ROSE	18:30	66:04	4

M70+

3 HOLMFIRTH HARRIERS 'A'	74:41		
K YEWLETT	22:35	22:35	2
N MIDGLEY	25:45	48:20	3
H THORNTON	26:21	74:41	3

*Andy Shaw**Andrew, John and Gavin**Tim*

F35+

6 HOLMFIRTH HARRIERS 'A' 67:05				
H CROFT	17:43	17:43	1	
S CROMWELL	21:12	38:55	4	
J ROBINSON	28:10	67:05	6	

*Ladies' team***F45+**

3 HOLMFIRTH HARRIERS 'A' 62:45				
H STANDING	20:01	20:01	1	
N BROWN	23:01	43:02	2	
J JONES	19:43	62:45	3	

4 HOLMFIRTH HARRIERS 'B' 66:37				
K FARQUHAR	20:51	20:51	3	
D CLARKE	23:38	44:29	4	
N OTTOWAY	22:08	66:37	4	

*Kath, Deborah and Nicky*

8 HOLMFIRTH HARRIERS 'C' 72:20				
B BURDON	24:19	24:19	8	
H O'SHEA	22:56	47:15	8	
T NEWMAN	25:05	72:20	8	

F55+

4 HOLMFIRTH HARRIERS 'A' 68:57				
H PETTIT	22:53	22:53	4	
J FRANCE	21:19	44:12	4	
J SHOTTER	24:45	68:57	4	

*Tracey, Heidi and Becky***F65+**

1 HOLMFIRTH HARRIERS 'A' 70:43				
D BALDWIN	22:22	22:22	1	
N EDERY	23:08	45:30	1	
E STEWART	25:13	70:43	1	



Helena and Di who were both fastest in their age groups.



1



2



3

Totally Crazy / Still Crazy After All These Years?

The awesome twosome of Tracy Newman and Richard Whales did there runs in one day. Park Run at Greenhead Park, The School Run, then Harden Moss / James Blakely FR

The School Run

A good turn out from Holmfirth Vets for this local low key event.

Rank	Bib	Name	MF rank	Age rank	Race time	Time
1.	111	Tim Brook, M40	1.	1.	44:59	45:0
5.	145	Stuart Sharp, M40	5.	2.	47:59	48:08
12.	415	Jamie Harris, M35	12.	4.	52:41	52:54
13.	950	Joanne Jones, F45	1.	1.	52:56	53:06
17.	949	Robert Dickinson, M50	16.	2.	53:43	53:53
18.	50	Chris Beadle, M50	17.	3.	54:55	55:03
22.	123	Neil Robins, M50	21.	4.	57:07	57:18
23.	946	Darren Main, M40	22.	4.	57:29	57:41
26.	35	Ian Goulding, M55	25.	3.	59:30	59:40
31.	940	Louis Cromwell, M35	30.	6.	1:00:55	1:01:07
32.	77	Kath Farquhar, F50	2.	1.	1:01:16	1:01:26
36.	343	Kevin Terry, M55	33.	5.	1:01:51	1:02:05
38.	126	Philip Martin, M55	35.	6.	1:03:30	1:03:44
61.	62	John Dickinson, M65	49.	1.	1:13:31	1:13:52
68.	424	Richard Whale, M65	51.	2.	1:20:30	1:20:53
79.	395	Tracey Newman, F45	27.	5.	1:31:22	1:31:51
		(Sweeper)				

A few Harriers from Sean Doyles photos.



Jo and Darren



Phil and Kath

Harden Moss FR

This is a fell race every member of the club should do at least once, as is the Denis Stitt FR from Cartworth Moor Cricket Club. Both are over similar terrain to our usual summer runs so well within all members capability.



Becky and Michael

Pictures from Andy Hauser

Holmfirth Finishers

Name	Age Cat.	Time
Michael Sanderson	M35 Holmfirth Harriers	00:24:19
Tim Brook	M40 Holmfirth Harriers	00:24:21
Adam Sunderland	M50 Holmfirth Harriers	00:25:28
Fran Whitworth	F50 Holmfirth Harriers	00:28:08
Chris Beadle	M50 Holmfirth Harriers	00:29:09
Sophie Cromwell	F35 Holmfirth Harriers	00:29:30
Jon Burdon	M40 Holmfirth Harriers	00:30:09
Paul Fearn	M60 Holmfirth Harriers	00:30:54
Becky Burdon	F40 Holmfirth Harriers	00:34:33
Jean Shotter	F60 Holmfirth Harriers	00:35:26
Richard Whale	M60 Holmfirth Harriers	00:40:13
Tracey Newman	F40 Holmfirth Harriers	00:40:14

YVAA GP at Middleton Clearings, Leeds

Always sorry to miss this race through woodland and grass parkland which is completely traffic free. A small group of Holmfirth Vets have been doing this series of great events.

Holmfirth Results

Women

Pos.	Number	Name	Time
8	251	Fran Whitworth 2nd F50	42:27
33	109	Diane Baldwin 1 st F65	47:59

Men

34	100	Simon Platts M40	38:28
97	5	Kevin Yewlett 2 nd M70	46:37
120	157	Mark Henderson M60	50:21
129	1	Neil Midgley M70	52:31
132	148	Paul Winn M65	52:40

The next race is GP Race 4, hosted by Northowram Pumas at NCSAC Westercroft Lane, Northowram, HX3 7EN on Thursday 13.07.23, 7.00pm start.

That's about all I have time for so anything else will have to be carried over till July.

Rob