2022- 2023 Cross Country League

Senior Men — Phillip Bradley Rose Bowl

		West Yorkshire C. C. League				Championships	
Pos	Name	08/10/2022 Nunroyd Park, Yeadon Race 1	30/10/2022 Thornes Park Wakefield Race 2	13/11/2022 Spenborough Race 3	12/12/2022 Rothwell Sports Centre Race 4	07/01/2023 Lightwater Valley Yorkshire	28/01/2023 Witton Park, Blackburn Northerns
1	Phil Hewitt	*22*	*18*	*22*	*22*	*0*	*24*
2	James Washington	15	12	12	15	20	17
3	Adam Sunderland	13	15	15	0	24	20
4	Chris Beadle	12	13	11	14	17	14
5	Tim Street	0	22	0	18	0	0
6	Michael Sanderson	18	0	18	0	0	0
7	Damian McQueen	0	0	0	0	0	15
8	Jason Haigh	11	0	0	0	15	0
9	Gary Graham	0	0	13	0	0	0

Medals for 1st 3 in league table the winner also awarded the Phillip Bradley Rose Bowl

Senior Women — Shaw Centenary Salver

Pos	Name	Race 1	Race 2	Race 3	Race 4	Yorkshire	Northerns
1	Katie Walshaw	0	16	16	16	18	18
2	Caire Lever- Hewitt	14	0	14	14	0	14
3	Helena Croft	0	11	12	12	13	12
4	Joanne Jones	12	10	11	11	0	11
5	Diane Baldwin	0	7	9	10	0	8
6	Helen haigh	16	14	0	0	12	0
7	Sophie Cromwell	0	0	0	0	11	9
8	Julia Thomas	0	9	10	0	0	0
9	Lucy Byram	0	0	0	0	16	0
10	Ruby Sykes	0	0	0	0	0	16
11	Erica Byram	0	0	0	0	14	0
12	Kath Farquar	11	0	0	0	0	0
13	Liz Woodfield	0	0	0	0	0	10
14	Debbie Hall	0	8	0	0	0	0

Medals for 1st 3 in league table the winner also awarded the Shaw Centenery Salver

02/02/2023 Bolesworth Castle, Chester National	**Total Points**
24	**132**
15	**106**
17	**104**
14	**95**
0	**40**
0	**36**
20	**35**
0	**26**
0	**13**

National	**Total points**
18	**102**
16	**72**
0	**60**
0	**55**
12	**46**
0	**42**
14	**34**
0	**19**
0	**16**
0	**16**
0	**14**
0	**11**
0	**10**
0	**8**