

# YVAA Virtual Grand Prix 2021 Results

NAME	CLUB	Cat	January	February	March		Total Points	Position	
			Points	Points	Result	Age Graded2			Points
Chris Ireland	Sheffield Running Club	60	300	299	00:29:09	00:23:43	300	899	1
Stephen Rennie	City of Hull ac	65	299	300	00:32:08	00:24:59	298	897	2
Jed Turner	Sheffield Running Club	60	298	297	00:29:45	00:24:12	299	894	3
Robert Cassy	Sheffield Running Club	40	296	298	00:26:49	00:25:19	296	890	4
Robert Unwin	Longwood Harriers AC	55	294	294	00:32:12	00:26:12	290	878	5
Martin Fillingham	Saltaire Striders	45	297	293	00:29:37	00:26:27	287	877	6
Stuart Dunbar	Saltaire Striders	55	280	295	00:30:31	00:25:16	297	872	7
Paul Richardson	Harrogate Harriers	40	288	291	00:27:56	00:25:58	293	872	8
Chris Rippon	Wakefield Harriers	50	291	289	00:30:58	00:26:19	288	868	9
Kevin-malachy Murphy	Harrogate Harriers	60	289	287	00:33:32	00:26:04	291	867	10
Charlie Goodwin	York Knavesmire Harriers	40	286	288	00:29:48	00:27:42	283	857	11
Graham Justice	City of Hull AC	50	268	290	00:30:20	00:26:13	289	847	12
Andrew Hopper	Scarborough AC	50	282	283	00:32:00	00:28:07	279	844	13
William Allan	Tadcaster Harriers	75	259	292	00:37:46	00:26:03	292	843	14
Matt Worthington	Sheffield Running Club	35	274	280	00:28:16	00:27:38	285	839	15
John Ward	Abbey Runners	65	284	275	00:38:19	00:28:40	273	832	16
Kevin Desso	Holmfirth Harriers	55	277	274	00:33:36	00:28:04	281	832	17
Mike Keddie	Dewsbury Road Runners	50	281	264	00:31:31	00:27:28	286	831	18
Donald Kennedy	Longwood Harriers AC	55	261	285	00:32:52	00:27:41	284	830	19
Gordon Walmsley	York Knavesmire Harriers	45	285	282	00:32:26	00:29:54	257	824	20
Philip Ambler	Wakefield Harriers	50	275	276	00:32:55	00:28:41	272	823	21
Paul Parkins	Saltaire Striders	40	283	281	00:31:25	00:29:53	258	822	22
John Robson	St. Theresa's A.C.	45	267	277	00:31:03	00:28:38	275	819	23
Ralph Barker	Denby Dale A.C.	60	257	267	00:36:05	00:28:19	278	802	24
Chris smith	Hyde Park harriers	45	264	260	00:31:08	00:28:29	277	801	25

Mark Harney	York Knavesmire Harriers	55	260	268	00:34:47	00:29:03	266	794	26
Chris Corcoran	Individual (NMAC)	65	262	258	00:38:11	00:28:51	270	790	27
Steven Curtis	Keighley & Craven AC	60	249	270	00:35:18	00:28:43	271	790	28
Dave Beech	Steel City Striders	60	247	266	00:36:28	00:28:37	276	789	29
Simon Downs	Kingston upon Hull AC	45	271	273	00:33:16	00:30:26	245	789	30
Rob Kersey	Holmfirth Harriers	70	251	259	00:39:14	00:29:02	267	777	31
Dale Hepples	Scarborough AC	45	237	261	00:31:38	00:29:10	265	763	32
Brandon Holroyd	holmfirth harriers	45	273	263	00:36:29	00:33:07	225	761	33
Ed Mezzetti	City of York AC	40	253	254	00:31:39	00:30:06	252	759	34
Tom Bysouth	Abbey Runners	40	242	257	00:32:27	00:30:38	244	743	35
Tom Rogerson	Abbey Runners	40	240	262	00:32:51	00:31:00	241	743	36
Peter Young	Wakefield District Harriers & AC	65	224	247	00:38:03	00:29:35	262	733	37
Mathias Hulse	Beverley AC	50	258	224	00:35:11	00:30:09	251	733	38
Adam Moger	Kirkstall Harriers	45	248	244	00:34:38	00:31:56	235	727	39
David Butt	East Hull Harriers and AC	65	222	246	00:39:38	00:29:57	256	724	40
Mark Whitehouse	Wakefield District Harriers & AC	60	226	238	00:36:59	00:29:49	260	724	41
Richard Pegg	Steel City Striders	60	232	230	00:36:43	00:29:36	261	723	42
Michael McGrath	York Knavesmire Harriers	70	243	231	00:41:03	00:30:23	246	720	43
Damian McQueen	Holmfirth Harriers	45	229	256	00:35:18	00:32:02	233	718	44
Nigel Shaw	Baildon Runners	55	220	243	00:35:55	00:30:00	254	717	45
Jon Burdon	Holmfirth Harriers	45	236	239	00:33:24	00:30:48	242	717	46
Graham Lake	Otley AC	40	239	271	00:39:22	00:36:35	207	717	47
Steve Richmond	Beverley AC	65	205	235	00:37:55	00:29:29	263	703	48
Andrew Johnson	Beverley AC	50	213	241	00:34:48	00:30:19	249	703	49
Christophe Martyn	Pudsey Pacers	50	231	221	00:35:26	00:30:22	247	699	50
Matt Tate	Longwood Harriers	45	218	240	00:34:30	00:31:34	238	696	51
Mark Orbell	Pudsey Pacers	55	171	249	00:34:36	00:28:39	274	694	52
Tim Cowham	York Knavesmire Harriers	50	231	226	00:36:46	00:32:02	232	689	53
Gareth Irvine	Sheffield running club	40	206	228	00:33:17	00:31:10	240	674	54
Jonathan Eagle	Horsforth Harriers	60	179	248	00:37:48	00:30:45	243	670	55
Steve Sole	Kingston Upon Hull AC	45	211	227	00:36:38	00:32:43	228	666	56
Philip Jones	Baildon	60	211	215	00:39:54	00:31:36	237	663	57
Adam Sunderland	Holmfirth Harriers	45	214	217	00:37:27	00:33:27	224	655	58

Alun Griffiths	Saltaire Striders	60	204	208	00:40:07	00:31:46	236	648	59
Robert Boughen	Saltaire Striders	50	202	213	00:37:26	00:32:05	231	646	60
Andrew Woffindin	Hillsborough and Rivelin RC	55	223	222	00:44:58	00:37:53	200	645	61
Robin Nelson	Steel City Striders RC	45	198	216	00:35:21	00:32:05	230	644	62
Peter W McCoy	Steel City Striders RC	40	207	214	00:36:12	00:33:54	221	642	63
Andrew Warrender	South Leeds Lakers Running Club	45	208	192	00:35:14	00:31:28	239	639	64
Martin Dearie	Dewsbury Road Runners	45	173	232	00:35:30	00:31:58	234	639	65
Jim Danson	Steel City Striders	40	227	195	00:37:52	00:35:28	212	634	66
Mark Overend	Baildon Runners	40	215	206	00:37:38	00:36:04	211	632	67
Nicholas Watson	Sheffield Running Club	50	187	225	00:38:40	00:33:59	219	631	68
Michael Ingham	Steel City Striders	70	197	203	00:44:57	00:32:53	227	627	69
Chris Berry	St Theresa's AC	60	186	211	00:40:55	00:32:59	226	623	70
Michael Hall	Holmfirth Harriers	55	200	207	00:42:08	00:34:53	216	623	71
Jason albrecht	St theseras ac	35	177	210	00:34:47	00:33:35	222	609	72
Craig Levesley	East Hull Harriers	35	196	204	00:37:11	00:36:33	209	609	73
Paul McWhirter	Sheffield RC	40	182	209	00:36:58	00:34:53	216	607	74
Frank Masley	Saltaire Striders	65	185	197	00:46:15	00:34:36	217	599	75
Warren Dennison	Roundhay Runners	50	189	190	00:39:58	00:34:15	218	597	76
David Parker	St Theresa's AC	55	292	296				588	77
James Hogg	Steel City Striders	35	175	193	00:34:43	00:33:57	220	588	78
Mike Moss	Saltaire Striders	65	178	191	00:45:55	00:35:02	214	583	79
Stephen Wilkinson	Wakefield Harriers	60	209	167	00:47:52	00:37:33	203	579	80
Colin walker	Pudsey & Bramley	45	295	284				579	81
Stephen Tichopad	East Hull Harriers	50	188	202	13:10:01	08:23:14	187	577	82
Steve Cronan	East Hull Harriers & AC	65	184	196	00:56:37	00:42:22	194	574	83
Jonathan Boyle	York Knavesmire Harriers	50	168	194	00:42:54	00:36:46	206	568	84
Roger Teare	Easingwold running club	65	172	178	00:46:25	00:35:05	213	563	85
David Rivers	Kingston upon Hull AC	50	169	189	00:42:58	00:37:26	204	562	86
Jonathan Legon	Steel City Striders	55	276	279				555	87
CHRIS BURKE	Baildon Runners	50	272		00:32:23	00:27:59	282	554	88
Stewart Knowles	Wakefield district harriers AC	45	265	286				551	89
Nicholas Wright	Penistone Footpath Runners & AC	50	155	180	00:41:34	00:36:31	210	545	90
Geoff Perigo	Baildon Runners	60	159	187	00:48:21	00:38:17	198	544	91

Richard Edwards	Hyde Park Harriers	40	160	185	00:41:11	00:38:16	199	544	92
Phil Mitchell	Longwood Harriers	40	269		00:30:24	00:28:55	269	538	93
Rob Cooper	Easingwold	55	163	176	00:47:22	00:39:54	197	536	94
Peter Robertshaw	Sheffield Running Club	45	158	181	00:46:05	00:42:09	195	534	95
Ian Mitchell	Longwood Harriers AC	65	0	269	00:39:12	00:29:20	264	533	96
James Nundy	Kirkstall Harriers	40	156	179	00:44:08	00:41:01	196	531	97
Steve Hodgkinson	Abbey Runners	60	250	272				522	98
Dave Allemby	Barnsley AC	60	150	169	00:48:12	00:37:49	202	521	99
Mohanlal Mistry	Saltaire Striders	55	147	175	00:54:38	00:44:51	193	515	100
Dave Lonsdale	Baildon Runners	50	152	174	01:01:51	00:53:00	189	515	101
Paul Hayhurst	Dewsbury Road Runners	45	146	170	00:58:52	00:53:26	188	504	102
Brendon Smith-Westergaard	Sheffield Running Club	45	270	229				499	103
Darren Barnett	Steel city striders	45	238		00:32:37	00:29:50	259	497	104
Craig Mitchell	Longwood Harriers	45	245	251				496	105
Neil Schofield	Steel City Striders RC	50	241	253				494	106
Steve Hallam	Stainland Lions Running Club	60	0	236	00:37:30	00:29:58	255	491	107
Simon Moffatt	Harrogate Harriers	50	0	242	00:35:06	00:30:20	248	490	108
Michael Vargas	Hyde park harriers	35	0	220	00:29:30	00:29:00	268	488	109
Alan O'Brien	Kirkstall Harriers	35	228	252				480	110
Michael Sanderson	Holmfirth Harriers	35	233	237				470	111
John Kilcoyne	Steel City Striders	40	219	250				469	112
Christopher Moss	Sheffield RC	35	216	245				461	113
Matthew Holmes	Abbey Runners	40	279	177				456	114
Donald Johnson	Bingley Harriers & AC	65	217	212				429	115
Stephen Wolstenholme	Baildon Runners	60	252	168				420	116
Adam McAuley	Steel City Striders	50	201	218				419	117
Tim Holt	Steel City Striders	40	193	223				416	118
Ken Fox	Valley Striders	60	203	200				403	119
Chris Gregory	York Knavesmire Harriers	40	192		00:38:09	00:36:33	208	400	120
Kazuki Morimoto	Abbey Runners	50	190	199				389	121
Graham Youngson	Loftus and Whitby AC	65	181	205				386	122
Dominic Camponi	Dewsbury Road Runners	35	176	201				377	123
Kevin Blake	South Leeds Lakers	45	175		00:41:21	00:37:50	201	376	124

Antony Jones	South Leeds Lakers	40	167	188				355	125
David Bower	Saltaire Striders	55	154	198				352	126
Paul Armitage	Stainland Lions Running Club	55	165	172				337	127
Reid Haddow	Otley ac	75	162	173				335	128
Mark Wilson	Dewsbury Road Runners	45	151	184				335	129
Andrew Marston	South Leeds Lakers	35	144		00:51:51	00:50:24	191	335	130
Robert Pearson	Sheffield RC	65			00:33:24	00:25:43	295	295	131
Mick Casey	Barnsley AC	70			00:36:24	00:25:55	294	294	132
Neil Stabbs	Totley AC	40	293					293	133
Steve Boynton	York Acorn Running Club	60	290					290	134
Rob Furness	Wharfedale Harriers	35	287					287	135
Steve Webb	Valley Striders	55			00:33:57	00:28:07	280	280	136
Steve Lowe	Wakefield Harriers	40	279					279	137
Andrew Cartwright	Wakefield and District Harriers AC	45	0	278				278	138
Mark Holden	Dewsbury Roadrunners	35	266					266	139
Louis Wood	Steel City Striders	40	0	265				265	140
Andrew Robertson	Scarborough AC	60	264					264	141
Tim Dean	Dewsbury Road Runners	40	256					256	142
Simon Fielding	Bingley Harriers	55	255					255	143
James fulcher	Steel City Striders	35	0	255				255	144
Stuart Sharp	Holmfirth Harriers AC	35	254					254	145
Tim Groves	East Hull Harriers	50			00:34:29	00:30:03	253	253	146
John Nicholson	Steel City Striders	65			00:39:59	00:30:13	250	250	147
Darran Ward	Pudsey Pacers	40	246					246	148
RICHARD harrison	South Leeds lakers	40	244					244	149
Sam Needham	Steel City Striders	35	235					235	150
John Buddle	Baildon Runners	55	234					234	151
Lorne McNeill	Baildon Runners	45	0	234				234	152
Ian Fairlamb	York Knavesmire Harrieres	45	0	233				233	153
Philip Hirst	Ilkley Harriers	60			00:41:18	00:32:24	229	229	154
Amir Nanpazi	Sheffield Running Club	40	225					225	155
Michael Raynes	City of York AC	45			00:36:42	00:33:34	223	223	156
Nick Burns	Steel City Striders	50	221					221	157

Rich Allen	Pudsey Pacers	40	212					212	158
Peter Murray	York Acorn	50			00:41:37	00:36:52	205	205	159
William Overton	Pudsey Pacers	65	199					199	160
James Whittaker	Abbey Runners	50	195					195	161
Martin Stoney	Baildon Runners	45	194					194	162
Andy Pembroke	Steel City Striders RC	35			00:47:54	00:46:50	192	192	163
Tom Bassindale	Steel City Striders	45	191					191	164
Paul Baildon	Baildon Runners	50			00:57:24	00:50:26	190	190	165
Adrian Good	Steel City Striders RC	40			06:37:00	04:20:01	186	186	166
Mark Wilson	Dewsbury Road Runners	50	0	184				184	167
Paul wray	East hull harriers	45	183					183	168
Peter Persico	Abbey Runners	40	0	183				183	169
Jeremy Kaye	East Hull Harriers	50	180					180	170
Paul Armitage	Stainland Lions Running Club	55	0	172				172	171
Martin Robson	Pudsey Pacers	50	170					170	172
Ian Blackburn	Steel City Striders	60	166					166	173
James Wright	Baildon Runners	45	164					164	174
Martin Lee	South Leeds Lakers	45	161					161	175
Rob Addenbrooke	Sheffield Running Club	35	157					157	176
Nigel fuller	St. Theresa's	40	153					153	177
Steve Hargreaves	Baildon runners	35	149					149	178
Stuart Gall	North Leeds Fell Runners	40	148					148	179
Paul Adams	York Knavesmire Harriers	70	145					145	180
Kevin Stone	South Leeds Lakers	65	143					143	181
Craig Murcgell	Longwood Harriers	###			00:32:30	#N/A	0	0	182
John Howsham	Penistone footpath runners	###	0					0	183
Paul Bennett	Bramley Breezers	###	0					0	184

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NAME	CLUB	Cat	January	February	March			Total Points	Position
			Points	Points	Result	Age Graded	Points		
Sue Haslam	Scarborough A C	65	200	200	00:34:38	00:25:04	200	600	1
Shirley Oglesby	East Hull Harriers	65	196	199	00:40:40	00:28:36	195	590	2
Dot Kesterton	Steel City Striders	65	198	192	00:37:39	00:26:29	199	589	3
Jane Hamp	Scarborough	60	195	195	00:37:23	00:28:12	197	587	4
Rhona Marshall	Scarborough AC	35	194	194	00:30:22	00:29:41	191	579	5
Madeleine Stansfield	Dewsbury Road Runners	65	192	193	00:42:11	00:30:06	189	574	6
Lesley Watson	Bingley	45	197	198	00:35:14	00:32:00	178	573	7
Angie Dales	Wakefield Harriers & Athletics Clu	45	188	189	00:32:10	00:29:13	194	571	8
Helen Beck	Wakefield & District Harriers	40	190	191	00:31:21	00:30:28	186	567	9
Karen Sinkinson	Holmfirth Harriers	55	187	184	00:37:55	00:30:10	188	559	10
Kate Scott	Steel City Striders	55	183	187	00:36:48	00:30:24	187	557	11
Lisa Stansbie	Abbey Runners	45	184	181	00:34:10	00:31:42	181	546	12
Helen Armitage	Stainland Lions Running Club	55	173	183	00:38:09	00:31:31	182	538	13
Linda Tichopad	East Hull Harriers & AC	60	181	175	00:41:04	00:31:50	180	536	14
Ruth Muir	St Therasas Athletic Club	40	182	180	00:34:09	00:32:46	173	535	15
Barbara Lee	Baildon Runners	65	186	177	00:45:45	00:33:07	171	534	16
Joanna Hobson	Otley AC	60	175	174	00:40:35	00:31:27	183	532	17
Elaine Stewart	Holmfirth Harriers	60	185	169	00:43:16	00:32:12	176	530	18
jan suddaby	east hull harriers	55	180	172	00:38:54	00:32:08	177	529	19
Emma Lavelle-Wood	Fellandale	45	178	179	00:35:24	00:32:50	172	529	20
Sarah O'Sullivan	Keighley and Craven AC	40	177	170	00:36:24	00:34:23	164	511	21
Denise Johnson	Baildon Runners	60	169	166	00:43:30	00:33:43	169	504	22
Jacqui Herring	Steel City Striders	45	167	168	00:37:08	00:34:06	168	503	23
Pauline Foot	York Knavesmire Harriers	55	168	167	00:40:57	00:34:15	166	501	24
Jane Morby	York Knavesmire Harriers	55	174	155	00:42:10	00:33:33	170	499	25

Louise O'Brien	Horsforth Fellandale	45	165	164	00:37:27	00:34:23	165	494	26
Beckie May	Scarborough AC	50	161	165	00:38:53	00:34:07	167	493	27
Jenny Steele	York Knavesmire Harriers	55	163	163	00:41:16	00:34:31	163	489	28
Lynne Barrett	Pudsey Pacers	65	172	153	00:47:53	00:35:09	157	482	29
Liz Gilley	York Acorn	40	157	171	00:37:44	00:36:27	153	481	30
Jane Oughton	Abbey Runners	60	160	160	00:44:50	00:34:45	159	479	31
Rachel Rose	Sheffield RC	35	179	135	00:35:02	00:34:33	161	475	32
caroline fuller	city of sheffield and dearne ac	55	148	161	00:44:01	00:35:01	158	467	33
Sheena Woodhead	Steel City Striders RC	70	154	156	00:53:53	00:36:14	155	465	34
Hayley Jackson	York Knavesmire Harriers	40	156	152	00:39:32	00:37:39	147	455	35
Joy Good	Pudsey Pacers RC	65	159	151	00:57:12	00:39:38	137	447	36
Leila Kara	Valley Striders	55	142	157	00:46:08	00:38:07	146	445	37
Michelle Eyres	Saltaire striders	55	153	147	00:48:48	00:38:49	141	441	38
sylvia ross	saltaire striders	70	144	145	00:56:29	00:36:49	151	440	39
Kate Walter	Baildon Runners	60	143	144	00:46:30	00:36:31	152	439	40
Julia Sheer	Abbey runners	45	140	143	00:39:37	00:37:06	150	433	41
Stephanie Cooper	Easingwold	50	151	148	00:47:22	00:40:06	133	432	42
Vicky Houghton	Hyde Park Harriers	35	141	146	00:39:54	00:39:00	138	425	43
Emma Hartley	York Knavesmire Harriers	40	136	138	00:39:54	00:38:33	142	416	44
Teresa Huntley	York Knavesmire Harriers	55	137	142	00:49:27	00:39:51	135	414	45
Christine Booth	Steel City Striders RC	45	139	136	00:42:51	00:39:45	136	411	46
Sara Dyer	Valley Striders	60	135	137	00:54:07	00:40:50	131	403	47
Jackie Walters	Baildon Runners	70	149	139	07:14:08	12:34:37	111	399	48
Sarah Percival	Steel City Striders	40	122	134	00:40:09	00:38:31	143	399	49
Geraldine Jennings	South Leeds lakers	50	138	125	00:48:40	00:41:12	130	393	50
Kate Morris	Steel City Striders	55		196	00:34:00	00:28:26	196	392	51
Urmila Mistry	Saltaire Striders	55	119	141	00:50:03	00:40:20	132	392	52
Linda Carey	Baildon Runners	60	125	124	00:52:57	00:39:57	134	383	53
Fran Guy	Saltaire Striders	50	132	123	00:49:50	00:42:42	127	382	54
Sharon Bottomley	South Leeds Lakers	40	130	127	00:45:09	00:43:37	124	381	55
Julia Jagger	Holmfirth Harriers AC	35	193	188				381	56
Cheryl Beal	East Hull Harriers	55		190	00:36:22	00:30:03	190	380	57
Caroline Brash	Steel City Striders	45	121	129	00:44:49	00:41:34	129	379	58

Natasha Hinton	Sheffield running club	45	131	120	00:48:10	00:43:15	126	377	59
Kirsty Allen	Baildon Runners	45	189	186				375	60
Caroline Brock	Steel City Striders	35	191		00:31:10	00:30:51	184	375	61
Ursula Clarke	Baildon runners	55	129	105	00:46:26	00:38:50	140	374	62
Mags beever	Stainland lions RC	40		185	00:32:07	00:30:49	185	370	63
Suzanne Fennell	Dewsbury Road Runners	45	123	118	00:48:28	00:43:31	125	366	64
Janet Ashton	Pudsey Pacers	50	124	119	00:50:32	00:43:49	122	365	65
Stephanie Street	Steel City Striders	60	176	182				358	66
Dawn Berry	Holmfirth Harriers	55	118	122	00:56:03	00:46:53	118	358	67
Jackie Hardman	Beverley AC	65		176	00:44:05	00:31:54	179	355	68
Virginia Young	Stainland Lions	65		178	00:44:05	00:32:21	175	353	69
Michelle Dare	Pudsey Pacers	55	114	115	00:56:07	00:44:38	121	350	70
Nancy Stuart	Steel City Striders	40	117	114	00:47:57	00:46:19	119	350	71
Elaine Shortridge	Sheffield RC	50	115	113	00:59:56	00:52:35	116	344	72
Maria Harron	Stainland Lions	45	170	173				343	73
Sara Potter	Pudsey pacers	40	111	112	00:52:12	00:50:05	117	340	74
Claire Hougham	Hyde Park Harriers	40	108	109	00:55:34	00:52:55	114	331	75
Sara Corker	Sheffield RC	45	109	108	01:10:38	01:03:26	112	329	76
Jessica McMullan	Roundhay Runners	40	164	162				326	77
Rebecca Pierce	Sheffield RC	50	106	106	01:11:00	01:00:07	113	325	78
Catherine McKeown	Steel City Striders	50	158		00:39:54	00:34:36	160	318	79
Anna Marshall	York Knavesmire Harriers	40		158	00:37:42	00:36:10	156	314	80
Emma Stoney	Baildon Runners	40	162	149				311	81
Marion Muir	Kirkstall harriers	45	166		00:41:03	00:38:26	144	310	82
Claire Jones	South Leeds Lakers	45	152	150				302	83
Gail Wrangles	Ackworth Road Runners	50		154	00:43:47	00:38:52	139	293	84
Debbie Jacketts	East Hull Harriers	45	145	140				285	85
Fiona Blyth	Hyde Park Harriers	40		133	00:39:48	00:38:11	145	278	86
Denise Clark	Ackworth Road Runners	55		128	00:44:55	00:37:34	148	276	87
shelagh hopkinson	baildon runners	65	147	116				263	88
Becky Wolski	Baildon Runners	35	134	126				260	89
Janet Bower	Saltaire Striders	50	127	132				259	90
Claire Dearie	Dewsbury road runners	45	110	121				231	91

Heather Bayliss	Saltaire Striders	40		110	00:54:29	00:52:38	115	225	92
Anastasia Lincoln	Idle AC	65	107	107				214	93
Treena Johnson	Dewsbury Road Runners	55	199					199	94
Yvonne Twelvetree	Totley AC	70			00:40:48	00:27:51	198	198	95
Pat Goodall	Totley AC	65			00:39:50	00:29:14	193	193	96
Theresa Oldroyd	Harrogate Harriers	50			00:34:04	00:29:33	192	192	97
Nicole Nield	Steel City Striders	65			00:45:38	00:32:33	174	174	98
Joanne Battersby	Steel City Striders	55			00:42:52	00:34:32	162	162	99
Angela Jackson	Steel City Striders	60		159				159	100
Liz Willis	Abbey Runners	55	155					155	101
Lindsay Roberts	Longwood Harriers	45			00:39:13	00:36:23	154	154	102
Sarah Norman	Pudsey Pacers	50	150					150	103
Zoe Dickinson	Steel city striders	45			00:40:50	00:37:30	149	149	104
Loretta Robson	Pudsey Pacers	55	146					146	105
Nicola hanson	York Knavesmire harriers	50	133					133	106
Corinne Howse	Steel City Striders	45		131				131	107
Vikki McAuley	Steel City Striders	50		130				130	108
Jacqueline Howsham	Penistone Footpath Runners	55	128					128	109
Ruth Walker	Ackworth Road Runners	35			00:43:33	00:42:34	128	128	110
Sarah Denman	St Therasas AC	35	126					126	111
Jo Gleig	Steel City Striders	60			00:55:34	00:43:38	123	123	112
Susan Adams	York Knavesmire Harriers	65	120					120	113
Sam Rowley	St Theresa's AC	50			00:51:27	00:45:09	120	120	114
Lisa Persico	Abbey Runners	40		117				117	115
Theresa Tate	Dewsbury Road Runners	35	116					116	116
Samantha Dearden	South Leeds Lakers	45	113					113	117
Karen Ingham	South Leeds lakers	45	112					112	118
Trish Hallowell	Stainland Lions Running Club	50		111				111	119
Kathryn Hind	Baildon Runners	45			17:29:00	13:40:31	110	110	120
Juliette Ward	Pudsey pacers	35	105					105	121
Alice Buttle	Meltham AC	###	0					0	122

NAME	CLUB	Sex	AgeGroup	5M RESULT	AGE GRADED	Performance	Points
Chris Ireland	Sheffield Running Club	M	60	00:29:09	00:23:43	<b>89.96%</b>	300
Jed Turner	Sheffield Running Club	M	60	00:29:45	00:24:12	<b>88.15%</b>	299
Stephen Rennie	City of Hull ac	M	65	00:32:08	00:24:59	<b>85.40%</b>	298
Stuart Dunbar	Saltaire Striders	M	55	00:30:31	00:25:16	<b>84.43%</b>	297
Robert Cassy	Sheffield Running Club	M	40	00:26:49	00:25:19	<b>84.29%</b>	296
Robert Pearson	Sheffield RC	M	65	00:33:24	00:25:43	<b>82.94%</b>	295
Mick Casey	Barnsley AC	M	70	00:36:24	00:25:55	<b>82.33%</b>	294
Paul Richardson	Harrogate Harriers	M	40	00:27:56	00:25:58	<b>82.18%</b>	293
William Allan	Tadcaster Harriers	M	75	00:37:46	00:26:03	<b>81.88%</b>	292
Kevin-malachy Murphy	Harrogate Harriers	M	65	00:33:32	00:26:04	<b>81.83%</b>	291
Robert Unwin	Longwood Harriers AC	M	60	00:32:12	00:26:12	<b>81.44%</b>	290
Graham Justice	City of Hull AC	M	50	00:30:20	00:26:13	<b>81.38%</b>	289
Chris Rippon	Wakefield Harriers	M	55	00:30:58	00:26:19	<b>81.08%</b>	288
Martin Fillingham	Saltaire Striders	M	45	00:29:37	00:26:27	<b>80.65%</b>	287
Mike Keddie	Dewsbury Road Runners	M	50	00:31:31	00:27:28	<b>77.68%</b>	286
Matt Worthington	Sheffield Running Club	M	35	00:28:16	00:27:38	<b>77.19%</b>	285
Donald Kennedy	Longwood Harriers AC	M	55	00:32:52	00:27:41	<b>77.04%</b>	284
Charlie Goodwin	York Knavesmire Harriers	M	40	00:29:48	00:27:42	<b>77.03%</b>	283
CHRIS BURKE	Baildon Runners	M	50	00:32:23	00:27:59	<b>76.23%</b>	282
Kevin Desso	Holmfirth Harriers	M	55	00:33:36	00:28:04	<b>76.02%</b>	281
Steve Webb	Valley Striders	M	55	00:33:57	00:28:07	<b>75.89%</b>	280
Andrew Hopper	Scarborough Athletic Club	M	50	00:32:00	00:28:07	<b>75.87%</b>	279
Ralph Barker	Denby Dale AC	M	60	00:36:05	00:28:19	<b>75.35%</b>	278
Chris Smith	Hyde park harriers	M	45	00:31:08	00:28:29	<b>74.90%</b>	277
Dave Beech	Steel City Striders	M	60	00:36:28	00:28:37	<b>74.56%</b>	276
John Robson	St Theresa's AC	M	45	00:31:03	00:28:38	<b>74.51%</b>	275
Mark Orbell	Pudsey Pacers	M	55	00:34:36	00:28:39	<b>74.47%</b>	274
John Ward	Abbey Runners	M	65	00:38:19	00:28:40	<b>74.41%</b>	273
Philip Ambler	Wakefield Harriers	M	50	00:32:55	00:28:41	<b>74.37%</b>	272
Steven Curtis	Keighley & Craven AC	M	60	00:35:18	00:28:43	<b>74.29%</b>	271
Chris Corcoran	Individual (Northern Masters)	M	65	00:38:11	00:28:51	<b>73.93%</b>	270

Phil Mitchell	Longwood Harriers AC	M	40	00:30:24	00:28:55	<b>73.79%</b>	269
Michael Vargas	Hyde Park Harriers	M	35	00:29:30	00:29:00	<b>73.57%</b>	268
Rob Kersey	Holmfirth Harriers	M	70	00:39:14	00:29:02	<b>73.47%</b>	267
Mark Harney	York Triathlon Club	M	55	00:34:47	00:29:03	<b>73.43%</b>	266
Dale Hepples	Scarborough Athletic Club	M	45	00:31:38	00:29:10	<b>73.14%</b>	265
Ian Mitchell	Longwood Harriers AC	M	65	00:39:12	00:29:20	<b>72.74%</b>	264
Steve Richmond	Beverley AC	M	65	00:37:55	00:29:29	<b>72.37%</b>	263
Peter Young	Wakefield District Harriers & AC	M	65	00:38:03	00:29:35	<b>72.12%</b>	262
Richard Pegg	Steel City Striders	M	60	00:36:43	00:29:36	<b>72.06%</b>	261
Mark Whitehouse	Wakefield District Harriers & AC	M	60	00:36:59	00:29:49	<b>71.54%</b>	260
Darren Barnett	Steel city striders	M	45	00:32:37	00:29:50	<b>71.50%</b>	259
Paul Parkins	Saltaire Striders	M	40	00:31:25	00:29:53	<b>71.40%</b>	258
Gordon Walmsley	York Knavesmire Harriers	M	45	00:32:26	00:29:54	<b>71.33%</b>	257
David Butt	East Hull Harriers and AC	M	65	00:39:38	00:29:57	<b>71.23%</b>	256
Steve Hallam	Stainland ions RC	M	60	00:37:30	00:29:58	<b>71.19%</b>	255
Nigel Shaw	Baildon Runners	M	55	00:35:55	00:30:00	<b>71.12%</b>	254
Tim Groves	East Hull Harriers	M	50	00:34:29	00:30:03	<b>71.00%</b>	253
Ed Mezzetti	City of York AC	M	40	00:31:39	00:30:06	<b>70.88%</b>	252
Mathias Hulse	Beverley AC	M	50	00:35:11	00:30:09	<b>70.76%</b>	251
John Nicholson	Steel City Striders	M	65	00:39:59	00:30:13	<b>70.60%</b>	250
Andrew Johnson	Beverley	M	50	00:34:48	00:30:19	<b>70.35%</b>	249
Simon Moffatt	Harrogate Harriers	M	50	00:35:06	00:30:20	<b>70.33%</b>	248
Christophe Martyn	Pudsey Pacers	M	50	00:35:26	00:30:22	<b>70.26%</b>	247
Michael McGrath	York Knavesmire Harriers	M	70	00:41:03	00:30:23	<b>70.22%</b>	246
Simon Downs	Kingston upon Hull AC	M	45	00:33:16	00:30:26	<b>70.10%</b>	245
Tom Bysouth	Abbey Runners	M	40	00:32:27	00:30:38	<b>69.66%</b>	244
Jonathan Eagle	Horsforth harriers	M	60	00:37:48	00:30:45	<b>69.38%</b>	243
Jon Burdon	Holmfirth Harriers AC	M	45	00:33:24	00:30:48	<b>69.27%</b>	242
Tom Rogerson	Abbey Runners	M	40	00:32:51	00:31:00	<b>68.81%</b>	241
Gareth Irvine	Penistone footpath runners	M	40	00:33:17	00:31:10	<b>68.44%</b>	240
Andrew Warrender	South Leeds Lakers Running Club	M	45	00:35:14	00:31:28	<b>67.80%</b>	239
Matt Tate	Longwood Harriers	M	45	00:34:30	00:31:34	<b>67.59%</b>	238

Philip Jones	Baildon	M	60	00:39:54	00:31:36	<b>67.53%</b>	237
Alun Griffiths	Saltaire Striders	M	60	00:40:07	00:31:46	<b>67.16%</b>	236
Adam Moger	Kirkstall Harriers	M	45	00:34:38	00:31:56	<b>66.80%</b>	235
Martin Dearie	Dewsbury Road Runners	M	45	00:35:30	00:31:58	<b>66.74%</b>	234
Damian McQueen	Holmfirth Harriers	M	45	00:35:18	00:32:02	<b>66.59%</b>	233
Tim Cowham	York Knavesmire Harriers	M	50	00:36:46	00:32:02	<b>66.59%</b>	232
Robert Boughen	Saltaire Striders	M	50	00:37:26	00:32:05	<b>66.51%</b>	231
Robin Nelson	Steel City Striders RC	M	45	00:35:21	00:32:05	<b>66.49%</b>	230
Philip Hirst	Ilkley Harriers	M	60	00:41:18	00:32:24	<b>65.84%</b>	229
Steve Sole	Kingston upon Hull AC	M	45	00:36:38	00:32:43	<b>65.21%</b>	228
Michael Ingham	Steel City Striders	M	70	00:44:57	00:32:53	<b>64.89%</b>	227
Chris Berry	St Therasas AC	M	60	00:40:55	00:32:59	<b>64.66%</b>	226
Brandon Holroyd	Holmfirth Harriers	M	45	00:36:29	00:33:07	<b>64.43%</b>	225
Adam Sunderland	Holmfirth Harriers	M	45	00:37:27	00:33:27	<b>63.78%</b>	224
Michael Raynes	City of York AC	M	45	00:36:42	00:33:34	<b>63.54%</b>	223
Jason albrecht	St theresas ac	M	35	00:34:47	00:33:35	<b>63.53%</b>	222
Peter W McCoy	Steel City Striders RC	M	40	00:36:12	00:33:54	<b>62.93%</b>	221
James Hogg	Steel City Striders	M	35	00:34:43	00:33:57	<b>62.84%</b>	220
Nicholas Watson	Sheffield Running Club	M	50	00:38:40	00:33:59	<b>62.79%</b>	219
Warren Dennison	Roundhay Runners	M	50	00:39:58	00:34:15	<b>62.29%</b>	218
Frank Masley	Saltaire Striders	M	65	00:46:15	00:34:36	<b>61.65%</b>	217
Michael Hall	Holmfirth Harriers	M	55	00:42:08	00:34:53	<b>61.15%</b>	216
Paul McWhirter	Sheffield RC	M	40	00:36:58	00:34:53	<b>61.15%</b>	216
Mike Moss	Saltaire Striders	M	65	00:45:55	00:35:02	<b>60.90%</b>	214
Roger Teare	Easingwold Running Club	M	65	00:46:25	00:35:05	<b>60.82%</b>	213
Jim Danson	Steel City Striders	M	40	00:37:52	00:35:28	<b>60.16%</b>	212
Mark Overend	Baildon Runners	M	40	00:37:38	00:36:04	<b>59.16%</b>	211
Nicholas Wright	Penistone Footpath Runners and AC	M	50	00:41:34	00:36:31	<b>58.41%</b>	210
Craig Levesley	East Hull Harriers	M	35	00:37:11	00:36:33	<b>58.37%</b>	209
Chris Gregory	York Knavesmire Harriers	M	40	00:38:09	00:36:33	<b>58.36%</b>	208
Graham Lake	Otley AC	M	40	00:39:22	00:36:35	<b>58.31%</b>	207
Jonathan Boyle	York Knavesmire Harriers	M	50	00:42:54	00:36:46	<b>58.03%</b>	206

Peter Murray	York Acorn	M	50	00:41:37	00:36:52	<b>57.86%</b>	205
David Rivers	Kingston upon Hull AC	M	50	00:42:58	00:37:26	<b>56.98%</b>	204
Stephen Wilkinson	Wakefield Harriers	M	60	00:47:52	00:37:33	<b>56.80%</b>	203
Dave Allemby	Barnsley AC	M	60	00:48:12	00:37:49	<b>56.41%</b>	202
Kevin Blake	South Leeds Lakers	M	45	00:41:21	00:37:50	<b>56.40%</b>	201
Andrew Woffindin	Hillsborough and Rivelin RC	M	55	00:44:58	00:37:53	<b>56.31%</b>	200
Richard Edwards	Hyde Park Harriers	M	40	00:41:11	00:38:16	<b>55.74%</b>	199
Geoff Perigo	Baildon runners	M	60	00:48:21	00:38:17	<b>55.72%</b>	198
Rob Cooper	Easingwold	M	55	00:47:22	00:39:54	<b>53.46%</b>	197
James Nundy	Kirkstall Harriers	M	40	00:44:08	00:41:01	<b>52.02%</b>	196
Peter Robertshaw	Sheffield Running Club	M	45	00:46:05	00:42:09	<b>50.60%</b>	195
Steve Cronan	East Hull Harriers & AC	M	65	00:56:37	00:42:22	<b>50.36%</b>	194
Mohanlal Mistry	Saltaire striders	M	55	00:54:38	00:44:51	<b>47.57%</b>	193
Andy Pembroke	Steel City Striders RC	M	35	00:47:54	00:46:50	<b>45.55%</b>	192
Andrew Marston	South Leeds Lakers	M	35	00:51:51	00:50:24	<b>42.33%</b>	191
Paul Baildon	Baildon Runners	M	50	00:57:24	00:50:26	<b>42.30%</b>	190
Dave Lonsdale	Baildon Runners	M	50	01:01:51	00:53:00	<b>40.25%</b>	189
Paul Hayhurst	Dewsbury Road Runners	M	45	00:58:52	00:53:26	<b>39.93%</b>	188
Stephen Tichopad	East Hull Harriers	M	50	13:10:01	08:23:14	<b>1.10%</b>	187
Adrian Good	Steel City Striders RC	M	40	06:37:00	04:20:01	<b>0.68%</b>	186
Craig Murcgell	Longwood Harriers	M	#N/A	00:32:30	#N/A	<b>#N/A</b>	0

NAME	CLUB	Sex	AgeGroup	5M RESULT	AGE GRADED	Performance	Points
Sue Haslam	Scarborough A C	F	65	00:34:38	00:25:04	<b>96.55%</b>	200
Dot Kesterton	Steel City Striders	F	65	00:37:39	00:26:29	<b>91.41%</b>	199
Yvonne Twelvetree	Totley AC	F	70	00:40:48	00:27:51	<b>86.88%</b>	198
Jane Hamp	Scarborough AC	F	60	00:37:23	00:28:12	<b>85.80%</b>	197
Kate Morris	Steel City Striders	F	55	00:34:00	00:28:26	<b>85.09%</b>	196
Shirley Oglesby	East Hull Harriers	F	65	00:40:40	00:28:36	<b>84.62%</b>	195
Angie Dales	Wakefield Harriers and AC	F	45	00:32:10	00:29:13	<b>82.84%</b>	194
Pat Goodall	Totley AC	F	65	00:39:50	00:29:14	<b>82.77%</b>	193
Theresa Oldroyd	Harrogate Harriers	F	50	00:34:04	00:29:33	<b>81.92%</b>	192
Rhona Marshall	Scarborough AC	F	35	00:30:22	00:29:41	<b>81.54%</b>	191
Cheryl Beal	East Hull Harriers	F	55	00:36:22	00:30:03	<b>80.54%</b>	190
Madeleine Stansfield	Dewsbury Road Runners	F	65	00:42:11	00:30:06	<b>80.42%</b>	189
Karen Sinkinson	Holmfirth Harriers	F	55	00:37:55	00:30:10	<b>80.23%</b>	188
Kate Scott	Steel City Striders RC	F	55	00:36:48	00:30:24	<b>79.59%</b>	187
Helen Beck	Wakefield & District Harriers	F	40	00:31:21	00:30:28	<b>79.42%</b>	186
Mags beever	Stainland lions RC	F	40	00:32:07	00:30:49	<b>78.54%</b>	185
Caroline Brock	Steel City Striders	F	35	00:31:10	00:30:51	<b>78.43%</b>	184
Joanna Hobson	Otley AC	F	60	00:40:35	00:31:27	<b>76.94%</b>	183
Helen Armitage	Stainland Lions Running club	F	55	00:38:09	00:31:31	<b>76.78%</b>	182
Lisa Stansbie	Abbey Runners	F	45	00:34:10	00:31:42	<b>76.36%</b>	181
Linda Tichopad	East Hull Harriers & AC	F	60	00:41:04	00:31:50	<b>76.04%</b>	180
Jackie Hardman	Beverley AC	F	65	00:44:05	00:31:54	<b>75.85%</b>	179
Lesley watson	Bingley	F	45	00:35:14	00:32:00	<b>75.63%</b>	178
Jan Suddaby	east hull harriers	F	55	00:38:54	00:32:08	<b>75.30%</b>	177
Elaine Stewart	HHAC	F	60	00:43:16	00:32:12	<b>75.16%</b>	176
Virginia Young	Stainland Lions	F	65	00:44:05	00:32:21	<b>74.79%</b>	175
Nicole Nield	Steel City Striders	F	65	00:45:38	00:32:33	<b>74.34%</b>	174
Ruth Muir	St Therasas Athletic Club	F	40	00:34:09	00:32:46	<b>73.86%</b>	173
Emma Lavelle-Wood	Fellandale	F	45	00:35:24	00:32:50	<b>73.70%</b>	172
Barbara Lee	Baildon Runners	F	65	00:45:45	00:33:07	<b>73.09%</b>	171

Jane Morby	York Knavesmire Harriers	F	55	00:42:10	00:33:33	<b>72.14%</b>	170
Denise Johnson	Baildon Runners	F	60	00:43:30	00:33:43	<b>71.78%</b>	169
Jacqui Herring	Steel City Striders	F	45	00:37:08	00:34:06	<b>70.98%</b>	168
Beckie May	Scarborough AC	F	50	00:38:53	00:34:07	<b>70.93%</b>	167
Pauline Foot	York Knavesmire Harriers	F	55	00:40:57	00:34:15	<b>70.65%</b>	166
Louise O'Brien	Horsforth Fellandale	F	45	00:37:27	00:34:23	<b>70.38%</b>	165
Sarah O'Sullivan	Keighley and Craven AC	F	40	00:36:24	00:34:23	<b>70.38%</b>	164
Jenny Steele	York Knavesmire Harriers	F	55	00:41:16	00:34:31	<b>70.11%</b>	163
Joanne Battersby	Steel City Striders	F	55	00:42:52	00:34:32	<b>70.07%</b>	162
Rachel Rose	Sheffield Running Club	F	35	00:35:02	00:34:33	<b>70.03%</b>	161
Catherine McKeown	Steel City Striders	F	50	00:39:54	00:34:36	<b>69.94%</b>	160
Jane Oughton	Abbey Runners	F	60	00:44:50	00:34:45	<b>69.65%</b>	159
Caroline Fuller	City of Sheffield and Dearne AC	F	55	00:44:01	00:35:01	<b>69.11%</b>	158
Lynne Barrett	Pudsey Pacers	F	65	00:47:53	00:35:09	<b>68.85%</b>	157
Anna Marshall	York Knavesmire Harriers	F	40	00:37:42	00:36:10	<b>66.91%</b>	156
Sheena Woodhead	Steel City Striders RC	F	70	00:53:53	00:36:14	<b>66.79%</b>	155
Lindsay Roberts	Longwood Harriers AC	F	45	00:39:13	00:36:23	<b>66.52%</b>	154
Liz Gilley	York Acorn	F	40	00:37:44	00:36:27	<b>66.39%</b>	153
Kate Walter	Baildon Runners	F	60	00:46:30	00:36:31	<b>66.28%</b>	152
sylvia ross	saltaire striders	F	70	00:56:29	00:36:49	<b>65.72%</b>	151
Julia Sheer	Abbey Runners	F	45	00:39:37	00:37:06	<b>65.23%</b>	150
Zoe Dickinson	Steel City Striders	F	45	00:40:50	00:37:30	<b>64.55%</b>	149
Denise Clark	Ackworth Road Runnera	F	55	00:44:55	00:37:34	<b>64.41%</b>	148
Hayley Jackson	York Knavesmire Harriers	F	40	00:39:32	00:37:39	<b>64.28%</b>	147
Leila Kara	Valley Striders	F	55	00:46:08	00:38:07	<b>63.49%</b>	146
Fiona Blyth	Hyde Park Harriers	F	40	00:39:48	00:38:11	<b>63.38%</b>	145
Marion muir	Kirkstall harriers	F	45	00:41:03	00:38:26	<b>62.96%</b>	144
Sarah Percival	Steel City	F	40	00:40:09	00:38:31	<b>62.82%</b>	143
Emma Hartley	York Knavesmire Harriers	F	40	00:39:54	00:38:33	<b>62.79%</b>	142
Michelle eyres	Saltaire striders	F	55	00:48:48	00:38:49	<b>62.34%</b>	141
Ursula Clarke	Baildon	F	55	00:46:26	00:38:50	<b>62.30%</b>	140

Gail Wrangles	Ackworth Road Runners	F	50	00:43:47	00:38:52	<b>62.26%</b>	139
Vicky Houghton	Hyde Park Harriers	F	35	00:39:54	00:39:00	<b>62.06%</b>	138
Joy Good	Pudsey Pacers	F	65	00:57:12	00:39:38	<b>61.06%</b>	137
Christine Booth	Steel City Striders RC	F	45	00:42:51	00:39:45	<b>60.88%</b>	136
Teresa Huntley	York Knavesmire Harriers	F	55	00:49:27	00:39:51	<b>60.74%</b>	135
Linda Carey	Baildon Runners	F	60	00:52:57	00:39:57	<b>60.57%</b>	134
Stephanie Cooper	Easingwold	F	50	00:47:22	00:40:06	<b>60.34%</b>	133
Urmila Mistry	Saltaire striders	F	55	00:50:03	00:40:20	<b>60.01%</b>	132
Sara Dyer	Valley Striders	F	60	00:54:07	00:40:50	<b>59.27%</b>	131
Geraldine Jennings	South Leeds Lakers	F	50	00:48:40	00:41:12	<b>58.73%</b>	130
Caroline Brash	Steel City Striders	F	45	00:44:49	00:41:34	<b>58.21%</b>	129
Ruth Walker	Ackworth Road Runners	F	35	00:43:33	00:42:34	<b>56.86%</b>	128
Fran Guy	Saltaire Striders	F	50	00:49:50	00:42:42	<b>56.66%</b>	127
Natasha Hinton	Sheffield running club	F	45	00:48:10	00:43:15	<b>55.95%</b>	126
Suzanne Fennell	Dewsbury Road Runners	F	45	00:48:28	00:43:31	<b>55.60%</b>	125
Sharon Bottomley	South Leeds Lakers	F	40	00:45:09	00:43:37	<b>55.49%</b>	124
Jo Gleig	Steel City Striders	F	60	00:55:34	00:43:38	<b>55.47%</b>	123
Janet Ashton	Pudsey Pacers	F	50	00:50:32	00:43:49	<b>55.22%</b>	122
Michelle Dare	Pudsey Pacers	F	55	00:56:07	00:44:38	<b>54.21%</b>	121
Sam Rowley	St Theresa's	F	50	00:51:27	00:45:09	<b>53.60%</b>	120
Nancy Stuart	Steel City Striders	F	40	00:47:57	00:46:19	<b>52.25%</b>	119
Dawn Berry	Holmfirth Harriers	F	55	00:56:03	00:46:53	<b>51.61%</b>	118
Sara potter	Pudsey pacers	F	40	00:52:12	00:50:05	<b>48.32%</b>	117
Elaine Shortridge	Sheffield RC	F	50	00:59:56	00:52:35	<b>46.02%</b>	116
Heather Bayliss	Saltaire Striders	F	40	00:54:29	00:52:38	<b>45.98%</b>	115
Claire Hougham	Hyde Park Harriers	F	40	00:55:34	00:52:55	<b>45.73%</b>	114
Rebecca Pierce	Sheffield Running Club	F	50	01:11:00	01:00:07	<b>40.26%</b>	113
Sara Corker	Sheffield RC	F	45	01:10:38	01:03:26	<b>38.15%</b>	112
Jackie Walters	Baildon Runners	F	70	07:14:08	12:34:37	<b>1.10%</b>	111
Kathryn Hind	Baildon Runners	F	45	17:29:00	13:40:31	<b>1.07%</b>	110