

HOLMFIRTH 15
Sunday 25th October 2009

Pos.	Num	Time	First Name	Last Name	Club	Open	YVAA	Open Rank	YVAA Rank	Pos. in Sex	Pace / Mile
1	234	1:24:45	Stewart	MacDonald	Bingley Harriers & AC	M40	M40	1/20	1/5	1	05:39
2	56	1:26:24	Julian	Mawson	Otley AC	M Open	M35	1/42	1/6	2	05:46
3	224	1:28:11	David	Thompson	Barnsley AC	M Open	M35	2/42	2/6	3	05:53
4	138	1:28:13	Pands	Aristotelous	Valley Striders	M Open		3/42		4	05:53
5	88	1:28:28	John	Convery	Bingley Harriers & AC	M45	M45	1/24	1/8	5	05:54
6	140	1:29:41	Andy	May	Abbey Runners	M Open		4/42		6	05:59
7	275	1:30:12	Martin	Cain	GMC Running Club	M Open		5/42		7	06:01
8	94	1:31:20	Mark	Hall	Tipton Harriers	M45		2/24		8	06:05
9	39	1:32:16	Kevin	Newman	Doncaster AC	M50	M50	1/13	1/8	9	06:09
10	73	1:32:45	Ryan	Barker	Halifax Harriers	M Open	M35	6/42	3/6	10	06:11
11	76	1:32:53	Martin	Hall	Dewsbury Road Runners	M45	M45	3/24	2/8	11	06:12
12	228	1:33:05	Tim	Midgley	Bingley Harriers & AC	M Open		7/42		12	06:12
13	124	1:33:10	Kevin	Ogden	Spensborough AC	M Open		8/42		13	06:13
14	80	1:33:22	Martin	Firth	Queensbury RC	M50	M50	2/13	2/8	14	06:13
15	262	1:34:14	Alistair	Langron	Holmfirth Harriers AC	M Open		9/42		15	06:17
16	71	1:34:21	Mick	Page	Doncaster AC	M55	M55	1/16	1/8	16	06:17
17	216	1:34:26	Donald	Kennedy	Longwood Harriers AC	M45	M45	4/24	3/8	17	06:18
18	52	1:34:45	Michael	Walsh	Ackworth RRAC	M Open	M35	10/42	4/6	18	06:19
19	269	1:35:13	Christine	Howard	Matlock AC	F Open		1/7		1	06:21
20	111	1:37:29	Mark	Ellithorn	Chorley Harriers	M45		5/24		19	06:30
21	89	1:38:55	Kevin	Davies	Clayton Le Moors	M45		6/24		20	06:36
22	156	1:38:59	Martin	Terry	Clayton Le Moors	M45		7/24		21	06:36
23	254	1:39:05	Carl	Heron	Queensbury RC	M45	M45	8/24	4/8	22	06:36
24	125	1:39:37	Ian	Sanderson	Valley Striders	M Open		11/42		23	06:38
25	202	1:40:34	Rob	James	Unattached	M Open		12/42		24	06:42
26	102	1:40:37	David	Lancaster	York Acorn RC	M50	M50	3/13	3/8	25	06:42
27	155	1:40:46	Keith	Thomas	Unattached	M50		4/13		26	06:43
28	65	1:40:58	Graham	Werret	Askern and District RC	M55	M55	2/16	2/8	27	06:44
29	139	1:41:05	Robin	Owen	Abbey Runners	M Open		13/42		28	06:44
30	21	1:41:11	Bridget	Coomber	Denby Dale Travellers	F45	F45	1/10	1/7	2	06:45
31	51	1:41:14	Raymond	Hall	Halifax Harriers	M Open	M60	14/42	1/2	29	06:45
32	235	1:42:11	Stefan	Tosta	Unattached	M Open		15/42		30	06:49
33	120	1:42:26	Wayne	Byram	Holmfirth Harriers AC	M Open		16/42		31	06:50
34	64	1:43:06	Robert	Hamilton	Valley Striders	M40	M40	2/20	2/5	32	06:52

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35	43	1:43:14	Steve	Frith	Penistone Footpath Runners &	M55	M55	3/16	3/8	33	06:53
36	30	1:43:26	Lloyd	Best	Otley AC	M45	M45	9/24	5/8	34	06:54
37	128	1:43:38	Peter	Hilliard	Idle AC	M45		10/24		35	06:55
38	231	1:43:38	Andrew	Thompson	Valley Striders	M40	M40	3/20	3/5	36	06:55
39	14	1:43:42	David	Emanuel	Royton Road Runners	M45		11/24		37	06:55
40	136	1:44:30	James	Tarran	Valley Striders	M40		4/20		38	06:58
41	127	1:44:35	Bernard	Cassidy	Royton Road Runners	M50		5/13		39	06:58
42	35	1:45:20	Simon	Richardson	Pocklington Runners	M55		4/16		40	07:01
43	110	1:45:58	Jackie	Redmayne	Chorley Harriers	F35		1/8		3	07:04
44	72	1:46:14	Michael	Jeffrey	Otley AC	M55	M55	5/16	4/8	41	07:05
45	157	1:46:14	Killian	Ngong	Spensorborough AC	M Open		17/42		42	07:05
46	121	1:46:19	Bryan	Lawton	Royton Road Runners	M40		5/20		43	07:05
47	134	1:46:23	James	Chapman	Stadium Runners	M Open		18/42		44	07:06
48	48	1:46:45	Christine	McCarthy	Ackworth RRAC	F45	F45	2/10	2/7	4	07:07
49	81	1:46:47	Michael	Pennington	Holmfirth Harriers AC	M50	M50	6/13	4/8	45	07:07
50	257	1:47:08	Michael	Harrison	Royton Road Runners	M Open		19/42		46	07:09
51	147	1:47:47	Adrian	Royston	Halifax Harriers	M40		6/20		47	07:11
52	10	1:48:28	David	Wittam	Royton Road Runners	M45		12/24		48	07:14
53	93	1:48:29	Beth	Massey	Barnsley AC	F35	F35	2/8	1/2	5	07:14
54	152	1:49:02	Noel	O'Connor	Unattached	M40		7/20		49	07:16
55	246	1:49:27	Leon	Winder	Idle AC	M Open		20/42		50	07:18
56	83	1:49:44	Nicola	Griffiths	Dewsbury Road Runners	F Open		2/7		6	07:19
57	271	1:49:54	James	Trollope	Royton Road Runners	M Open		21/42		51	07:20
58	79	1:50:05	Lesley	Ewart	Holmfirth Harriers AC	F55	F55	1/6	1/4	7	07:20
59	75	1:50:54	Graham	Goodwin	Askern and District RC	M45	M45	13/24	6/8	52	07:24
60	242	1:51:00	Nigel	Craven	Pudsey Pacers RC	M50	M50	7/13	5/8	53	07:24
61	98	1:51:05	Flora	Skidmore	Dewsbury Road Runners	F50	F50	1/8	1/8	8	07:24
62	268	1:51:11	Stephen	Raby	Unattached	M Open		22/42		54	07:25
63	107	1:51:20	Stan	William	Askern and District RC	M55		6/16		55	07:25
64	226	1:51:22	Christopher	Eavers	Royton Road Runners	M55		7/16		56	07:25
65	104	1:52:04	Dene	Townend	Halifax Harriers	M50	M50	8/13	6/8	57	07:28
66	119	1:52:31	Michael	Lunn	Meltham AC	M40		8/20		58	07:30
67	44	1:52:36	Alex	Simon	Penistone Footpath Runners &	M40	M40	9/20	4/5	59	07:30
68	114	1:52:45	James	Penson	Stainland Lions AC	M Open		23/42		60	07:31

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69	215	1:53:00	James	Crowther	Unattached	M Open		24/42		61	07:32
70	272	1:53:02	Garth	De Roux	Horsforth Harriers	M Open		25/42		62	07:32
71	135	1:53:51	Sam	Brown	Unattached	M Open		26/42		63	07:35
72	143	1:54:51	Jonathan	Tinker	Unattached	M Open		27/42		64	07:39
73	260	1:54:52	Robert	Kellett	Royton Road Runners	M40		10/20		65	07:39
74	20	1:54:58	Susan	Robinson	Unattached	F35		3/8		9	07:40
75	236	1:55:18	Alan	Brady	Unattached	M55		8/16		66	07:41
76	207	1:55:21	Matt	Burton	Penistone Footpath Runners & /	M Open	M35	28/42	5/6	67	07:41
77	133	1:55:28	Adrian	Clarke	Stadium Runners	M40		11/20		68	07:42
78	96	1:55:29	Robert	Ellis	Holmfirth Harriers AC	M45	M45	14/24	7/8	69	07:42
79	233	1:55:51	Michael	Proctor	Longwood Harriers AC	M60	M60	1/4	2/2	70	07:43
80	77	1:55:55	Ian	Goulding	Holmfirth Harriers AC	M45	M45	15/24	8/8	71	07:44
81	247	1:56:00	Matthew	Kilburn	Unattached	M40		12/20		72	07:44
82	208	1:56:03	Simon	Hogan	Unattached	M Open		29/42		73	07:44
83	62	1:56:03	Keith	Ross	Hull Springhead Harriers	M50	M50	9/13	7/8	74	07:44
84	55	1:56:04	Howard	Jeffrey	Otley AC	M55	M55	9/16	5/8	75	07:44
85	95	1:56:04	Clive	Hope	Unattached	M50		10/13		76	07:44
86	106	1:56:13	Ian	Randall	Askern and District RC	M40		13/20		77	07:45
87	249	1:56:57	Ruth	Warren	Valley Striders	F50	F50	2/8	2/8	10	07:48
88	49	1:56:57	Linda	Crabtree	Halifax Harriers	F50	F50	3/8	3/8	11	07:48
89	201	1:56:59	Rick	Hellewell	Unattached	M Open		30/42		78	07:48
90	70	1:57:10	Carol	Morrell	Barnsley AC	F45	F45	3/10	3/7	12	07:49
91	66	1:57:54	Jim	Whittaker	Abbey Runners	M40	M40	14/20	5/5	79	07:52
92	41	1:58:21	Neil	Jones	Unattached	M Open		31/42		80	07:53
93	74	1:58:37	Sue	Simpson	Harrogate Harriers & AC	F45	F45	4/10	4/7	13	07:54
94	131	1:58:49	Richard	Featherstone	Unattached	M40		15/20		81	07:55
95	113	1:58:51	Alan	Bye	Skyrac AC	M65		1/3		82	07:55
96	230	1:59:40	Steven	Taylor	Unattached	M40		16/20		83	07:59
97	261	1:59:44	Deborah	Shaw	Royton Road Runners	F45		5/10		14	07:59
98	122	1:59:47	Michael	Tinker	Unattached	M Open		32/42		84	07:59
99	130	1:59:55	Ken	Jones	Dark Peak Fell Runners	M60		2/4		85	08:00
100	126	2:00:14	Paul	Smith	Unattached	M Open		33/42		86	08:01
101	105	2:00:26	Geraldine	Roby	Halifax Harriers	F50	F50	4/8	4/8	15	08:02
102	244	2:01:50	Stephen-John	Tinker	Bury AC	M Open		34/42		87	08:07

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103	144	2:01:58	Mark	Dolan	Holmfirth Harriers AC	M45		16/24		88	08:08
104	85	2:02:16	Don	Johnson	Baldon Runners	M55	M55	10/16	6/8	89	08:09
105	84	2:02:27	Denise	Johnson	Baldon Runners	F50	F50	5/8	5/8	16	08:10
106	78	2:02:59	Stephen	Beardmore	Unattached	M45		17/24		90	08:12
107	270	2:03:20	Ellie	May	Stainland Lions AC	F Open		3/7		17	08:13
108	34	2:03:31	Jon	Paramor	Manchester YMCA Harriers	M55		11/16		91	08:14
109	57	2:03:44	Marisol	Carrera Vivar	Bingley Harriers & AC	F Open	F40	4/7	1/3	18	08:15
110	63	2:04:44	Christopher	Rushworth	Unattached	M45		18/24		92	08:19
111	150	2:04:49	Steven	Brennand	Stadium Runners	M Open		35/42		93	08:19
112	219	2:05:39	Andrew	Ackroyd	Unattached	M45		19/24		94	08:23
113	132	2:05:55	Darren	Gillman	Spa Striders RC	M Open		36/42		95	08:24
114	263	2:06:01	Don	Stead	Pudsey Pacers RC	M70	M70	1/2	1/1	96	08:24
115	33	2:06:23	Kevin	Holmes	Unattached	M40		17/20		97	08:26
116	116	2:06:31	Andrew	Wilson	Abbey Runners	M40		18/20		98	08:26
117	108	2:07:00	Sean	Doyle	Holmfirth Harriers AC	M40		19/20		99	08:28
118	149	2:07:25	Steve	White	Holmfirth Harriers AC	M55		12/16		100	08:30
119	243	2:07:40	Richard	Mcleod	Unattached	M Open		37/42		101	08:31
120	117	2:07:44	Martin	Sturdy	Meltham AC	M50		11/13		102	08:31
121	209	2:07:46	Anita	Hedges	Sutton Runners	F35		4/8		19	08:31
122	214	2:07:49	Simon	Shaw	Hallamshire Harriers Sheffield	M Open		38/42		103	08:31
123	229	2:07:53	Christopher Jan	Jamieson	Esk Valley Fell Club	M50		12/13		104	08:32
124	11	2:08:15	Damian	Pearson	Baldon Runners	M Open		39/42		105	08:33
125	118	2:08:31	David	Riddle	Holmfirth Harriers AC	M45		20/24		106	08:34
126	123	2:08:49	Paul	Shields	Dewsbury Road Runners	M45		21/24		107	08:35
127	16	2:08:51	Lynne	Davies	Stainland Lions AC	F50	F50	6/8	6/8	20	08:35
128	29	2:08:57	David	Lockwood	Penistone Footpath Runners & /	M Open	M35	40/42	6/6	108	08:36
129	28	2:08:57	Leah	James	Penistone Footpath Runners & /	F Open		5/7		21	08:36
130	251	2:09:00	Hazel	Pike	Spenborough AC	F40	F40	1/5	2/3	22	08:36
131	17	2:09:18	Chris	Burrell	Halifax Harriers	M Open		41/42		109	08:37
132	129	2:09:36	Peter	Marshall	Kirkstall Harriers	M45		22/24		110	08:38
133	53	2:09:38	Teresa	Hollins	Middleton Harriers AC	F55		2/6		23	08:39
134	109	2:09:52	Jason	Kaushal	Holmfirth Harriers AC	M40		20/20		111	08:39
135	103	2:10:11	Tom	Finch	Northern Vets AC	M65	M65	2/3		112	08:41
136	145	2:11:58	Jane	Hallam	Abbey Runners	F45		6/10		24	08:48

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137	69	2:12:51	Claire	Whitwam	Holmfirth Harriers AC	F45	F45	7/10	5/7	25	08:51
138	212	2:13:33	Katie	Bates	Unattached	F35		5/8		26	08:54
139	115	2:14:04	Chris	Johnson	East Cheshire Harriers	M60		3/4		113	08:56
140	146	2:14:11	Liz	Willis	Abbey Runners	F45		8/10		27	08:57
141	250	2:14:16	Anthony	Kane	Royton Road Runners	M55		13/16		114	08:57
142	266	2:15:12	Karen	Thrippleton	Pudsey Pacers RC	F45	F45	9/10	6/7	28	09:01
143	148	2:15:59	Dawn	Parvin	Glossopdale Harriers	F35		6/8		29	09:04
144	112	2:16:48	Jackie	Hardman	Barracuda Triathlon Club	F55		3/6		30	09:07
145	153	2:16:49	Pamela	Johnson	Unattached	F40		2/5		31	09:07
146	90	2:17:03	Tim	Cock	Holmfirth Harriers AC	M65	M65	3/3	1/1	115	09:08
147	151	2:17:43	Tom	Horsley	Unattached	M Open		42/42		116	09:11
148	220	2:18:37	Elizabeth	Bottomley	Spensorough AC	F45	F45	10/10	7/7	32	09:14
149	99	2:19:59	Heather	Michell	Dewsbury Road Runners	F55	F55	4/6	2/4	33	09:20
150	19	2:20:17	Patrick	Nesden	Kirkstall Harriers	M55	M55	14/16	7/8	117	09:21
151	259	2:21:21	Nicola	Madgin	Unattached	F35		7/8		34	09:25
152	137	2:21:51	Terry	Preston	Road Runners Club	M60		4/4		118	09:27
153	22	2:22:10	Martin	Medlar	York Knavesmire Harriers	M50	M50	13/13	8/8	119	09:29
154	82	2:22:15	Denise	Ramsden	Rothwell & District Harriers	F40	F40	3/5	3/3	35	09:29
155	54	2:23:42	Jane	Stirling	Holmfirth Harriers AC	F35	F35	8/8	2/2	36	09:35
156	211	2:24:23	Catherine	Gray	Horsforth Harriers	F50	F50	7/8	7/8	37	09:38
157	206	2:24:24	Peter	Hully	Unattached	M45		23/24		120	09:38
158	23	2:25:00	Maureen	Medlar	York Knavesmire Harriers	F55	F55	5/6	3/4	38	09:40
159	222	2:26:58	Paul	Ferguson	Unattached	M45		24/24		121	09:48
160	45	2:27:08	Caryl	Skene	Penistone Footpath Runners & /	F50	F50	8/8	8/8	39	09:49
161	32	2:27:57	Helen	Robinson	Unattached	F40		4/5		40	09:52
162	273	2:32:58	Graham	Morgan	Unattached	M55		15/16		122	10:12
163	210	2:32:58	Julie	Teale	Unattached	F40		5/5		41	10:12
164	61	2:34:17	Gillian	Wolff	Penistone Footpath Runners & /	F65	F65	1/2	1/2	42	10:17
165	237	2:44:41	Sarah	Callan	Real Buzz Run Britain	F Open		6/7		43	10:59
166	238	2:44:43	Lynsey	Haines	Unattached	F Open		7/7		44	10:59
167	248	2:47:38	Hilary	Wharam	Horsforth Harriers	F65	F65	2/2	2/2	45	11:11
168	142	2:52:37	Trevor	Ellis	Hartshead RC	M70		2/2		123	11:30
169	58	2:59:47	Susan	Adams	York Knavesmire Harriers	F55	F55	6/6	4/4	46	11:59
170	59	2:59:47	Paul	Adams	York Knavesmire Harriers	M55	M55	16/16	8/8	124	11:59