

HOLMFIRTH HARRIERS AC

Proudly present the 42nd running of the

HOLMFIRTH 15

Under UKA Rules, Road Race Licence no 20090229

Incorporating the Yorkshire County and Yorkshire Veterans AA Male and Female 15 Mile Road Race Championships

On **SUNDAY OCTOBER 25th 2009 at 9.30 a.m. NOTE NEW TIME!!!**

HOLMFIRTH HIGH SCHOOL, HEYS ROAD, THONGSBRIDGE, HOLMFIRTH

PARKING - CHANGING - SHOWERS - REFRESHMENTS (Venue opens at 8.00am.)

Course records - Men 1:13:44 (Chris Woodhouse 1983) Women 1:23:50 (Veronique Marot 1987)

£800.00 PRIZE FUND plus SPOT PRIZES

1st IN RACE £100 1st WOMAN £75 SOUVENIR TO ALL FINISHERS

<u>YORKSHIRE CHAMP MEDALS</u>	<u>HOLMFIRTH 15 OPEN RACE PRIZES</u>	<u>YORKSHIRE VETS CHAMP TROPHIES</u>
Men 1st 3 and 1 st team – 3 to count	Men 1st 5 open and all vet categories M40 +	Men 1 st 3 in M35 – M55, 1 st 2 in M60
Women 1st 3 and 1 st team – 3 to count	Women 1st 3 open and all vet categories F35 + 1 st Male and Female team – 3 to count	& M65, 1 st in M70 Women 1 st 2 in F35 – F45, 1 st in F50 – F65

Minimum age : Male and Female 17 years	Closing date for the Yorks County Championship and Yorks Vets Championship is Saturday 17th OCTOBER.
Entry fee : Unattached £12.00 UKA affiliated club members £10.00 (All £2.00 extra on the day)	Late entries and on the day entries are accepted for the Holmfirth 15 open race only and qualify for prizes. Only one individual prize per person.
Payment to : HOLMFIRTH HARRIERS AC	Entry form and venue / course information available at www.ukresults.net and www.holmfirthharriers.com/INFHolmfirth15.htm
Entries to : Holmfirth 15, 734,NewHeyRoad Outlane Huddersfield, HD3 3YQ	Details and numbers will be posted 2 nd week in October for postal entries only.
Tel enquiries : 01422 374583	On-line entries collect number on day
Email enquiries : Jeffpierson@btinternet.com	
Online entries : www.ukresults.net/online and www.runnersworld.co.uk/holmfirth15	

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ENCLOSE 9"X 6" (C5 size) S.A.E. FOR NUMBER, INFO & DIRECTIONS (No S.A.E. will assume collect on day)

NOTE - Veterans who are affiliated either individually or via their club to the Yorkshire Veterans Athletics Association will be automatically entered for the Yorkshire Veterans Athletics Association 15 Mile Road Race Championship

Do you want to be entered for the **YORKSHIRE COUNTY CHAMPIONSHIP**? Please indicate **Yes / No** (No is assumed).

BLOCK CAPITALS PLEASE

Forename	Surname			Sex (M/F)			
Address				Date of Birth			
				Age on Day			
		Postcode	Tel no.	E-mail	Fee sent (✓)	£10	£12
UKA Club							

DECLARATION I hereby declare that I am an amateur as defined by UK Athletics Rules. I am medically fit to run and understand that the organisers will in no way be responsible for any injury or illness to my person during or as a result of taking part in the event, nor for any property lost on the course.

Signed

England Athletics No.

Date

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